

**#Follow17**  
**Attribute Three - Learn to Heal**

Healing was and is an integral part of the ministry of Christ. Jesus wants us to be used in healing ministry, but first we need to experience healing. Often times we speak of physical healing, which is certainly a part of it, but what is to be said for emotional healing, specifically when there is delay of physical healing?

Faith and trust are very closely connected to healing. As followers of Christ we need to have faith that God is capable of performing what seems to be impossible. The Word speaks to this that that God is willing and able to heal.

**Right Foot: The Touch - Matthew 7:7-8**

- a. The first thing Christ invited his followers to do was to hear him teach about the kingdom and heal people. When Jesus was around they quickly discovered that anything was possible.
- b. How do think the disciples were impacted by Jesus' healing ministry?
- c. Time magazine reports that 69% of Americans believe in miracles.
  - a. Matthew 8:1-4
    - i. The man was desperate
    - ii. Jesus touched the man. His heart broke for one who was alone, an outcast, outside of community and one whose body was riddled with disease.
    - iii. The humility of the man with leprosy

**Left Foot: Jesus has Authority - Matthew 8:5-13**

- a. Here we have a story about a Roman military officer who was in charge of a hundred men and he comes to Jesus in Capernaum to let him know the officer's servant was paralyzed and in terrible trouble.
  - a. The man is not a Jew
  - b. Jesus offered to go and heal the man's servant without being asked
    - i. People matter to God is not constrained by traditions and social rules that separate people from God.
  - c. The Centurion is a man of great faith

**Right Foot: Healing is God's Idea - Matthew 8:1-17**

- a. Jesus heals Peter's mother in law. This was a great healing because she was then able to wait on everyone.
  - a. Isaiah 53:4-5 is directly quoted here.
  - b. Keep in mind that the early followers of Jesus were Jewish. They knew about this prophecy and they rightly linked its fulfillment to Jesus.
  - c. It is in the nature of God to heal and restore people. The one who spoke the world into existence can say the word and bring healing to your life.

**Left Foot: Ask in Faith - Matthew 9:1-8**

- a. Whose faith moved Jesus to heal?

## #Follow17 - Wednesday Discipleship Night

- a. It was the men who carried the paralytic to Jesus. They carry their friend to Jesus because they believed that He could heal them. This has huge implications for us as followers of Christ, because we may have friends who are not sure if God can heal them, but you can bring them to Jesus anyway.

### **Right Foot: Give it Away - Matthew 10:1-8**

- a. Have you ever what it must have been like to have been a follower of Christ in person. It would have been absolutely amazing.
- b. Praying for people to be healed is only giving away what God has given to you.